Diocese of Springfield



Committee for the Continuing Education, Formation and Support of Clergy

Clergy Day
Bishop Marshall Center
Tuesday, January 21, 2020
10:00 a.m. – 2:00 p.m.

Acceptance as Journey Toward Transformation

Dealing with the challenges of life through practices of Perspective – e.g. Gospel Lens Acceptance of Experience (self and others) Compassion (toward self and others) Humility – maintaining a learner's perspective

In his invitation letter, Bishop Mitchell Rozanski wrote, "One of my priorities for the new year is to increase awareness, among our priests and deacons, of how to live a healthy, happy, and holy life...

The Committee for the Continuing Education, Formation and Support of Clergy (CEFSC) in collaboration with the Saint John Vianney Center (SJVC), Downington, PA, has planned a special program entitled, Acceptance as Journey Toward Transformation. SJVC consults with dioceses throughout the country and provides ongoing education to clergy in the area of health and wellness in mind, body and spirit. The focus of the presentations is on how to accept and respond compassionately to the experience of addiction, anxiety, and depression."

SPEAKERS

Donald R. Marks, Psy.D., HSP, serves as a professional consultant with the Saint John Vianney Center providing educational workshops to Clergy and Religious. Dr. Marks is assistant professor in the department of Advanced Studies in Psychology at the Nathan Weiss Graduate College of Kean University in Union, NJ. He serves as director of clinical training for Kean's doctoral program in Combined School and Clinical Psychology and as director of Kean Psychological Services, a community-based training clinic.

Dr. Erik Ranstrom serves as a member of the Spiritual Care Department for the Saint John Vianney Center meeting with residents to discuss the spiritual aspects of their lives and ministry. Dr. Ranstrom holds a doctorate in theology from the Graduate School of Arts and Sciences at Boston College and a Certificate in Spiritual Direction from the Center for Ignatian Spirituality, Fairfield University.

VIEW the Video of the Presentations

See Also: <u>Presentation Slides</u>